

## FROM THE BAR

Bottled Beers    £3.00 / 600 Points  
Wine from        £3.50 / 700 Points  
Spirits from     £3.00 / 600 Points

Sodas             £1.50 / 300 Points  
Fruit Juices     £1.50 / 300 Points  
Lucozade    (Original, Orange, Lemon, Apple)  
                         £1.75 / 350 Points  
Red Bull         £2.50 / 500 Points

Teas and Coffees from £1.25 / 250 Points

*We strive to provide to best quality of service and products to you but understand that perfection is unattainable.*

*If you have requests, comments or a complaint please do not hesitate to speak to one of the management team or email:*

***info@theintclub.com***



## SANDWICHES

Chicken Mayo, Bacon & Tomato  
on White or Brown    £4.50 / 900 points

Tuna, Sweetcorn & Cucumber on White or Brown  
                                 £3.50 / 700 points

Smoked Salmon & Cream Cheese on Arctic Bread  
                                 £4.50 / 900 points

## PANINIS ( after 23.00 )

Prosciutto Panini with Mozzarella Cheese, Tomato  
and Black Pepper        £ 5.75 / 1150 points

Spicy Tuna Panini with Mozzarella, Relish, Tomato,  
Mayo, Sweet Corn, Chilli    £ 5.25 / 1050 points

## SMALL DISHES

Home Made Chips    £2.25/ 450 points

French Fries         £2.25 / 450 points

Cheesy Fries         £3.50/ 700 points

Soup of the Day     £3.75 / 750 points

Side Salad            £3 / 600 points

Vegetable Spring Rolls

and Samosas         £4.50 / 900 points

## DESSERTS

Cherry, Apple or Pear Tart  
                             £ 3.00/ 600 points

Coffee & Walnut Cake with Ice Cream  
                             £ 3.95 / 800 points

Chocolate Fudge Cake with Ice Cream  
                             £ 3.95 / 800 points

Date & Toffee Cake with Ice Cream  
                             £ 3.95 / 800 points

Fresh Fruit Salad with Passion Fruit Coulis  
                             £ 3.75 / 750 points

## MENU

Penne Arrabiata with Chilli and Parmesan

£ 6.50 / 1300 points

Veggie Cheese Burger garnished with Relish,  
Salad and Gherkins served with Skin on Chips

£ 6.95 / 1400 points

All Day Breakfast with Toast

£6.00/ 1200 points

Spaghetti Bolognese with Parmesan

£ 7.00 / 1400 points

Home made Chilli Beef Burger with Cheese,  
Salad & Mayo and Burger Sauce

£ 6.25 / 1250 points

Cumberland Sausages with Creamy Mash &  
Gravy

£ 7.25 / 1450 points

Sirloin Steak Sarnie with Ciabattina, Ameri-  
can Cheese & Salad served with French Fries

£ 9.00 / 1800 points

The International Chicken Caesar Salad with  
Croutons and Parmesan

£ 8.25 / 1650 points

Egg Noodles with Chicken, Red Pepper, On-  
ion, Mushrooms, Carrots and Chilli & Soya  
Sauce

£ 8.50 / 1700 points

Cajun Chicken Schnitzel Burger with Aioli,  
Relish, Lettuce and Tomato, French Fries

£ 8.75 / 1750 point

## SPECIALS

**(Available until 23.00)**

Tomato, Broccoli & Courgette Quiche  
with Buffalo Mozzarella and Salad

£ 7.25 / 1450 points

Spaghetti Pasta in a Vegetable & Chilli  
Cream Sauce with Courgette, Spinach  
Fritters and Parmesan

£ 7.25 / 1450 points

Fish & Chips with Tartar Sauce

£ 7.25 / 1450 points

Tiger Prawns in a Chilli & Garlic Sauce  
with Baby Spinach and Spaghetti Pasta,  
Parmesan

£ 10.75 / 2150 points

Scotch Beef Pie with Creamy Mashed Po-  
tatoes, Broccoli and Gravy

£ 7.95 / 1600 points

Flaked Rabbit in Tomato Sauce with Spa-  
ghetti Pasta, Mushrooms, Peas and Par-  
mesan

£ 10.50 / 2100 points

Pork Belly & Prawn fried Rice with Pep-  
pers, Mushroom, Carrot, Peas , Onion,  
Egg and Oyster Sauce

£ 8.25 / 1650 points

*Chef Frank and his team regularly change this  
offering of specials.*

*We are sorry that to preserve quality, menu  
items may not be available at all times and  
we may be unable to meet special requests.*